

Penn State Tune-Up
Horace Ashenfelter III Indoor Track
University Park, PA
Results

Event 1 Women 60 Meter Dash

Facility:	F	7.17	2012	Barbara Pierre, Unattached
Meet:	M	7.60	2015	Quenee Dale, Unattached
PSU:	P	7.24	2010	Shavon Greaves
Name	Year	School	Finals	
Finals				
1 Costa, Lauren	FR	Penn State	7.68	
2 Griffin, Sydney	SR	Elon	7.75	
3 Knight, Jody-Ann	SO	Georgetown	7.84	
4 Jackson, Simone	SR	Elon	7.88	
5 Rankine, Ashley	SO	Penn State	7.93	
6 King, Arantxa		Unattached	8.11	

Event 2 Men 60 Meter Dash

Facility:	F	6.58	2011	Reggie Dixon, Hampton
Meet:	M	6.89	2015	Malik Moffett, P S U
PSU:	P	6.68	2016	Xavier Smith
Name	Year	School	Finals	
Finals				
1 Beram, Trentan	SO	Connecticut	6.87M	
2 Spencer, Wallace		Unattached	6.93	
3 Cowie-Clarke, Haysean	JR	Coppin State	6.94	
4 Davenport Jr, John		Unattached	6.99	
5 Hodges, Keshawn	SO	Coppin State	7.08	
6 Timmons, Knowledge		Unattached	7.29	

Event 4 Women 200 Meter Dash

Facility:	F	22.98	2010	Shavon Greaves, P S U
Meet:	M	24.39	2015	Typhane Booker, Unattached
PSU:	P	22.60	2004	Consuella Moore
Name	Year	School	Finals	H#
Finals				
1 Griffin, Sydney	SR	Elon	24.58	1
2 Costa, Lauren	FR	Penn State	24.70	1
3 Knight, Jody-Ann	SO	Georgetown	25.32	1
4 Rankine, Ashley	SO	Penn State	25.37	2
5 Jackson, Simone	SR	Elon	25.53	2
6 Brzozowski, Lauren	FR	Elon	25.63	1
7 Ross, Desiree	FR	Elon	25.88	2
8 Arbogast, Katherine	FR	Elon	26.54	2

Event 6 Men 200 Meter Dash

Facility:	F	20.72	2006	LaShawn Merritt, Unattached
Meet:	M	21.33	2015	Malik Moffett, Unattached
PSU:	P	20.98	2002	Ryan Olkowski
Name	Year	School	Finals	H#
Finals				
1 Beram, Trentan	SO	Connecticut	21.27M	1
2 Haines, Nasir	FR	Connecticut	22.04	1
3 Spencer, Wallace		Unattached	22.05	3
4 Higgins, Lamont		Unattached	22.22	2
5 Henry, Stephon	SO	Connecticut	22.31	2
6 Hodges, Keshawn	SO	Coppin State	22.40	1
7 Cowie-Clarke, Haysean	JR	Coppin State	22.40	2
8 Hughey, Peter	FR	Penn State	22.63	2
9 Fletcher, Shawn	FR	Connecticut	22.88	3
10 Delavergne, Frank		Unattached	24.62	3

Event 8 Women 400 Meter Dash

Facility:	F	52.31	2007	Shana Cox, P S U
Meet:	M	56.10	2015	Deja Davis, P S U
PSU:	P	52.31	2007	Shana Cox
Name	Year	School	Finals	H#
Finals				
1 Esposito, Jennifer	SR	Elon	55.03M	1
2 Brzozowski, Lauren	FR	Elon	57.90	1
3 Brown, Samantha	SR	Elon	58.07	2

4	Ross, Desiree	FR	Elon	58.17	1
5	Arbogast, Katherine	FR	Elon	58.86	2
6	McKeever, Ebony	JR	Georgetown	59.40	2

Event 10 Men 400 Meter Dash

Facility: F 45.46		2001	Andrew Pierce, Ohio State		
Meet: M 47.78		2015	Alex Shisler, P S U		
PSU: P 46.22		2011	Brady Gehret		
Name	Year	School	Finals	H#	
1 Lawrence, Rayon		Unattached	47.89	1	47.886
2 Amonu, Chinedu	JR	Connecticut	47.89	1	47.888
3 Higgins, Lamont		Unattached	49.26	1	
4 Hughey, Peter	FR	Penn State	49.28	2	
5 Trocki, Kyle	FR	Connecticut	49.32	2	
6 Sykes, Aaron	JR	Connecticut	49.33	2	

Event 20 Women 800 Meter Run

Facility: F 2:03.25		2014	Justine Fedronic, Stanford		
Meet: M 2:03.89		2015	Sabrina Southerland, Georgetown		
PSU: P 2:05.67		2007	Briene Simmons		
Name	Year	School	Finals	H#	
1 Cox, Chelsea		Unattached	2:04.71	1	
2 Martin, Heather	SR	Georgetown	2:04.93	1	
3 Keenan, Emma	SO	Georgetown	2:04.97	1	
4 Daley, Shaniel		Unattached	2:06.20	1	
5 Lindsley, Greta	SO	Penn State	2:12.53	2	
6 Jones, Candace	FR	West Virginia	2:12.80	2	
7 Williams, Kelly	SR	West Virginia	2:13.32	2	
8 Trucilla, Grace		Unattached	2:15.80	2	
9 Poss, Caitlyn		Unattached	2:17.11	2	
10 Brennan, Brigid	SO	Elon	2:17.21	3	
11 Catalano, Hannah		Unattached	2:17.37	2	
12 Cuddeback, Shelby	JR	Elon	2:17.51	3	
13 O'Donnell, Nicole		Unattached	2:17.88	3	
14 Mills, Gretchen		Unattached	2:18.87	2	
15 Moyer, Sommers		Unattached	2:19.36	3	
16 Novotna, Tereza	SR	Elon	2:21.31	3	
17 Bierut, Elyse	JR	Elon	2:22.64	3	
18 Geraniotis, Coralea	FR	Elon	2:23.49	3	
19 Snapp, Kaitlin	SR	Elon	2:26.00	3	
-- Keklak, Andrea	SR	Georgetown	DNF	1	

Event 22 Men 800 Meter Run

Facility: F 1:46.98		2013	Casimir Loxsom, P S U		
Meet: M 1:47.34		2015	Ryan Manahan, Georgetown		
PSU: P 1:46.98		2013	Casimir Loxsom, P S U		
Name	Year	School	Finals	H#	
1 James, Michael	JR	Coppin State	1:50.23	1	
2 London, Mark	SO	Coppin State	1:50.39	1	
3 Coker, Alaric	SR	Coppin State	1:50.59	1	
4 Joseph, Moise		Unattached	1:51.17	1	
5 Ball, Ronaldo	JR	Coppin State	1:52.96	1	
6 Phiher, Joseph	JR	Penn State	1:53.59	1	
7 Rivera, Brad	JR	Penn State	1:53.62	2	
8 Louro, Tommy	FR	Penn State	1:53.83	2	
9 Barber, Kyle	FR	Connecticut	1:54.73	1	
10 Headland, Phil	SR	Messiah	1:55.53	2	
11 Scheib, Christopher	SR	Messiah	1:56.89	2	
-- Post, Mason	FR	Penn State	DNF	1	
-- McDevitt, William		Unattached	DNF	2	

Event 28 Women 1 Mile Run

Facility: F 4:30.41		2013	Sheila Reid, West Virginia		
Meet: M 4:39.78		2015	Samantha Nadel, Georgetown		
PSU: P 4:37.83		2016	Tori Gerlach		
Name	Year	School	Finals	H#	
1 Coogan, Katrina	SR	Georgetown	4:37.29M	1	
2 Cashin, Amy	JR	West Virginia	4:39.85	1	
3 Belf, Audrey	FR	Georgetown	4:43.13	1	
4 Donaghu, Piper	SO	Georgetown	4:46.29	1	
5 Southerland, Sabrina	JR	Georgetown	4:48.52	1	
6 Weisner, Kennedy	SO	Georgetown	4:51.26	1	
7 Nadel, Samantha	JR	Georgetown	4:51.55	1	

8	Novotna, Tereza	SR	Elon	4:53.90	2
9	West, Ashley	SR	Susquehanna	4:54.16	2
10	Looker, Aleta	SO	Georgetown	4:55.17	2
11	Brennan, Brigid	SO	Elon	4:56.88	2
12	Graybill, Lindsey		Unattached	5:01.14	2
13	Geraniotis, Coralea	FR	Elon	5:01.48	2
14	Ulizio, Cara	JR	Penn State	5:01.79	2
15	Bierut, Elyse	JR	Elon	5:05.05	2
16	Johansen, Kimberly	JR	Elon	5:05.57	2
17	Cuddeback, Shelby	JR	Elon	5:05.58	2
18	Grahn, Kayla	FR	Georgetown	5:05.84	2
19	Hellman, Megan		Unattached	5:14.97	2
20	Snapp, Kaitlin	SR	Elon	5:15.37	2
21	Kearns, Tess		Unattached	5:19.36	2
--	Perez, Madeline	SO	Georgetown	DNF	2
--	Keklak, Andrea	SR	Georgetown	DNF	1

Event 30 Men 1 Mile Run

=====					
Facility:	F	3:56.51	2012	Jeff See, Saucony	
Meet:	M	4:09.45	2015	Darren Fahy, Georgetown	
PSU:	P	3:57.11	2013	Robby Creese	
Name		Year	School		Finals
=====					
1	Abert, Colin	FR	Penn State	4:03.92M	
2	McGowan, Timothy	SO	Penn State	4:06.32M	
3	McGowan, John	SO	Penn State	4:12.76	
4	Timmerman, Parker	SO	Connecticut	4:14.47	
5	Cotton, David	SR	Connecticut	4:15.30	
6	Harnish, Michael		Keystone Track	4:19.06	
7	Goelz, Andrew	SR	Lebanon Vall	4:19.38	
8	Rogovich, Kevin	FR	Connecticut	4:20.19	
--	McDevitt, William		Unattached	DNF	
--	Endress, Wade	SR	Penn State	DNF	

Event 32 Women 3000 Meter Run

=====					
Facility:	F	9:01.91	2011	Jackie Areson, Tennessee	
PSU:	P	9:10.04	2009	Bridget Franek	
Name		Year	School		Finals
=====					
1	Drazba, Maggie	JR	West Virgini	9:38.41	
2	Hill, Olivia	NA	Unat-West Vi	10:14.23	
3	Williams, Kelly	SR	West Virgini	10:14.28	
--	Kerekas, Brianna	SR	West Virgini	DNF	

Event 35 Men 3000 Meter Run

=====					
Facility:	F	7:57.75	2014	Patrick Tiernan, Villanova	
Meet:	M	8:13.99	2015	Matt Giannino, RIT	
PSU:	P	7:50.36	2015	Robby Creese	
Name		Year	School		Finals
=====					
1	Schatz, Jared	SR	Messiah	8:45.66	
2	Shirk, Cameron	SR	Messiah	8:59.66	

Event 38 Men 5000 Meter Run

=====					
Facility:	F	13:58.16	2009	Hassan Mead, Minnesota	
Meet:	M	14:20.79	2015	Matt Fischer, P S U	
PSU:	P	13:52.36	1990	Steven Brown	
Name		Year	School		Finals
=====					
1	Dugan, John	SR	Penn State	15:07.13	
2	Miller, Jack		Unattached	15:07.61	
3	Bobbitt, Brady		Unattached	15:08.44	
4	Quiggle, Tanner		Unattached	15:33.33	
5	Raeshler, Liam		Unattached	16:05.65	

Event 39 Women 60 Meter Hurdles

=====					
Facility:	F	7.92	2002	Danielle Carruthers, Indiana	
Meet:	M	8.55	2015	Shelley Black, P S U	
PSU:	P	8.10	2014	Evonne Britton	
Name		Year	School		Finals
=====					
1	Griffin, Sydney	SR	Elon	8.48M	
2	Jean-Baptiste, Meghan	SO	West Virgini	8.88	
3	Dixon, Emily	SO	Elon	9.06	
4	Laws, Lydia	SO	Elon	9.14	
5	Ben-Artzi, Tal	JR	Penn State	9.44	

Event 40 Men 60 Meter Hurdles

=====				
Facility:	F	7.49	2012	Jaret Eaton, Syracuse
Meet:	M	8.10	2015	Sancho Barrett, P S U
PSU:	P	7.69	2001	Guy Rose
Name			Year School	Finals
=====				
1	Henry, Stephon		SO Connecticut	8.03M
2	Barrett, Sancho		Unattached	8.05M
3	Wall, Randall		JR Connecticut	8.22
4	Fletcher, Shawn		FR Connecticut	8.53

Event 43 Women 4x400 Meter Relay

=====				
Facility:	F	3:34.38	2005	Tennessee
				L Loche, N Cook, P Hall, C Champion
PSU:	P	3:33.13	2014	D McGee, M Jones, T Rhodes, K Seymour
School				Finals
=====				
1	Elon			3:46.52
	1) Ross, Desiree FR		2) Brzozowski, Lauren FR	
	3) Laws, Lydia SO		4) Esposito, Jennifer SR	
2	Elon 'B'			3:50.88
	1) Arbogast, Katherine FR		2) Dixon, Emily SO	
	3) Jackson, Simone SR		4) Brown, Samantha SR	
3	Georgetown 'B'			3:53.33
	1) Martin, Heather SR		2) Donaghu, Piper SO	
	3) Looker, Aleta SO		4) Nadel, Samantha JR	
4	Georgetown			3:55.86
	1) Southerland, Sabrina JR		2) Weisner, Kennedy SO	
	3) Coogan, Katrina SR		4) Belf, Audrey FR	

Event 54 Women High Jump

=====				
Facility:	F	6-02.75	2013	Tynita Butts, ECU
Meet:	M	1.74m	2015	Sarah Palmer, P S U
PSU:	P	5-11.25	1987	Antoinette O'Carroll
PSU:	P	5-11.25	2010	Brittany Maun
Name			Year School	Finals
=====				
1	Daniel, Deandre		Coppin State	1.80mM 5-10.75
2	Tousaint, Mariah		Shore AC	1.70m 5-07.00
3	Richardson, Ahmenah		SR Penn State	1.65m 5-05.00
4	Kirschling, Megan		SR Elon	1.65m 5-05.00
5	Ben-Artzi, Tal		JR Penn State	1.60m 5-03.00
6	Stultz, Abigail		Unattached	1.60m 5-03.00
7	Dixon, Emily		SO Elon	1.60m 5-03.00
8	Cooper, Emily		FR Elon	1.55m 5-01.00
--	Holmberg, Madeline		FR Penn State	NH

Event 55 Men High Jump

=====				
Facility:	F	7-05	2008	Joe Kindred, St. Augustine's
Meet:	M	1.97m	2015	Malik Moffett, Unattached
PSU:	P	7-04.25	1982	Paul Souza
Name			Year School	Finals
=====				
1	Gray, Demario		JR Connecticut	2.03mM 6-08.00
2	Belton, Tobey		SR Connecticut	1.93m 6-04.00
3	Pinter, Anthony		Unattached	1.83m 6-00.00
--	Lumpkins, Jordan		FR Connecticut	NH

Event 57 Women Pole Vault

=====				
Facility:	F	14-03.25	2010	Alicia Rue, Minnesota
Meet:	M	3.85m	2015	Lexi Masterson, P S U
PSU:	P	13-06.25	2016	Lexi Masterson
Name			Year School	Finals
=====				
1	Masterson, Lexi		JR Penn State	4.10mM 13-05.25
2	Gardner, Maddie		SO West Virgini	3.90mM 12-09.50
3	Bertrand, Tori		JR West Virgini	3.75m 12-03.50
4	Finfrock, Sara		SO West Virgini	3.60m 11-09.75
5	Lafata, Rebekah		SO West Virgini	3.45m 11-03.75
6	Karabas, Nicole		FR Elon	3.30m 10-10.00
7	Hess, Jordan		FR West Virgini	3.15m 10-04.00

Event 59 Men Pole Vault

=====					
Facility: F 18-03.25		2014	Shawn Barber, Akron		
Meet: M 4.81m		2015	Tim Moses, Messiah		
PSU: P 17-00.75		2009	John Vellenoweth		
Name		Year	School	Finals	
=====					
1	Murphy, Timothy	SR	Connecticut	4.95mM	16-02.75
2	Ives, Chandler	SO	Connecticut	4.80m	15-09.00
3	Dibona, Derek	FR	Connecticut	4.65m	15-03.00
4	Lawrance, Brad		Unattached	4.35m	14-03.25
--	Bergere, Ian	FR	Connecticut	NH	

Event 60 Women Long Jump

=====					
Facility: F 21-06.75		2006	Tianna Madison, Nike		
Meet: M 5.78m		2015	Dannielle Gibson, P S U		
PSU: P 20-11.25		2009	Gayle Hunter		
Name		Year	School	Finals	
=====					
1	Gibson, Dannielle	JR	Penn State	5.91mM	19-04.75
2	Tousaint, Mariah		Shore AC	5.85mM	19-02.50
3	King, Arantxa		Unattached	5.82mM	19-01.25
4	Lopez, Kaitlyn	SR	Penn State	5.77m	18-11.25
5	Holmberg, Madeline	FR	Penn State	5.67m	18-07.25
6	Abraham, Carrie	JR	Elon	5.64m	18-06.00
7	Laws, Lydia	SO	Elon	5.29m	17-04.25
8	Giambra, Olivia		Unattached	5.21m	17-01.25
9	Dixon, Emily	SO	Elon	5.03m	16-06.00

Event 61 Men Long Jump

=====					
Facility:	F	26-01.50	2011	Justin Hunter, Tennessee	
Meet:	M	6.87m	2015	Richard D'Ambrosio, Georgetown	
PSU:	P	25-11	1986	David Coney	
Name			Year	School	Finals
=====					
1	Leap, Brian			Unattached	7.37mM 24-02.25
2	Davenport Jr, John			Unattached	6.97mM 22-10.50
3	Minnig, Cody			SO Penn State	6.86m 22-06.25
4	Lacroix, Harley			SR Connecticut	6.76m 22-02.25
5	Snead, Malik			FR Connecticut	6.27m 20-07.00

Event 62 Women Triple Jump

=====					
Facility: F 45-02.50		2004	Colleen Scott, Unattached		
Meet: M 11.59m		2015	Kaitlyn Lopez, P S U		
PSU: P 44-01.50		2003	Chi-Chi Aduba		
Name	Year	School	Finals		
=====					
1 Alexander, Ayanna		Unattached	13.70mM	44-11.50	
2 LeFond, Thea		Unattached	13.61mM	44-08.00	
3 Abraham, Carrie	JR	Elon	11.72mM	38-05.50	
4 Coyle, Jayna	JR	Elon	11.47m	37-07.75	
5 Giambra, Olivia		Unattached	11.29m	37-00.50	
6 Stultz, Abigail		Unattached	11.02m	36-02.00	

Event 63 Men Triple Jump

=====					
Facility: F		55-09	2006	Leevan Sands, Bahamas	
Meet: M		16.47m	2015	Fabian Florant, Unattached	
PSU: P		53-00.75	2003	Chavous Nichols	
Name		Year	School	Finals	
=====					
1	Olamigoke, Olumide		Unattached	15.80m	51-10.00
2	Green, Shane		SR Coppin State	15.39m	50-06.00
3	Snead, Malik		FR Connecticut	14.80m	48-06.75
4	Frederick, Kobren		FR Penn State	14.58m	47-10.00
5	Gray, Demario		JR Connecticut	13.60m	44-07.50

Event 64 Women Shot Put

=====						
Facility: F 60-07.75		2006	Cleopatra Borel-Brown, Unattached			
Meet: M 16.91m		2015	Rachel Fatherly, P S U			
PSU: P 56-08		2016	Rachel Fatherly			
Name		Year	School	Finals		
=====						
1	Marfo, Obeng	SO	Penn State	15.89m	52-01.75	
2	Robinson, Alyssa	JR	Penn State	14.65m	48-00.75	
3	Hames, Bryanna	SO	Elon	13.55m	44-05.50	
4	Holland, Majayla	SO	Elon	13.47m	44-02.50	
5	Ben-Artzi, Tal	JR	Penn State	10.62m	34-10.25	

Event 65 Men Shot Put

=====					
Facility: F 69-10.50		2012	Ryan Whiting, Nike		
Meet: M 17.01m		2015	Jon Yohman, P S U		
PSU: P 67-03.50		2015	Darrell Hill		
Name	Year	School	Finals		
=====					
1 Yohman, Jon	SO	Penn State	17.29mM	56-08.75	
2 Shigo, Morgan	FR	Penn State	14.97m	49-01.50	
3 Thomas, Steven	FR	Coppin State	14.14m	46-04.75	
4 Castano, Sebastian	FR	Connecticut	13.84m	45-05.00	

Event 66 Women Weight Throw 20 lb

=====						
Facility: F 73-00.50		2007	Jennifer Leatherman, Unattached			
Meet: M 21.08m		2015	Rachel Fatherly, P S U			
PSU: P 74-10.50		2006	Jennifer Leatherman			
Name		Year	School	Finals		
=====						
1 Fatherly, Rachel		SR	Penn State	20.50m	67-03.25	
2 Robinson, Alyssa		JR	Penn State	18.84m	61-09.75	
3 Marfo, Obeng		SO	Penn State	17.77m	58-03.75	
4 O'Grady, Briana		JR	Elon	14.70m	48-02.75	

Event 67 Men Weight Throw 35 lb

=====					
Facility: F 74-04.25		2004	Dan Taylor, Ohio State		
Meet: M 18.19m		2015	Morgan Shigo, Unattached		
PSU: P 70-06.50		2014	Will Barr		
Name		Year	School	Finals	
=====					
1	Edwards, Oluwatosin	SR	Connecticut	20.43mM	67-00.50
2	Decesaris, Kory	SO	Penn State	18.55mM	60-10.50
3	Shigo, Morgan	FR	Penn State	18.30mM	60-00.50
4	Berg, Justin		Unattached	18.17m	59-07.50
5	Ackell, Chris	SR	Connecticut	17.40m	57-01.00
6	Castano, Sebastian	FR	Connecticut	16.00m	52-06.00
7	Thomas, Steven	FR	Coppin State	15.80m	51-10.00
8	Tyler, Xavier		Unattached	14.74m	48-04.50
9	Gagne, Alex	FR	Connecticut	14.52m	47-07.75

Event 68 Women 600 Meter Run

=====					
Facility: F 1:27.22		2010	Molly Beckwith, Indiana		
PSU: P 1:29.81		2008	Briene Simmons		
Name		Year	School	Finals	
=====					
1	Bull, Frances	FR	Penn State	1:32.75	
2	Kerekes, Brianna	SR	West Virgini	1:33.69	
3	DeCecco, Rachael	SO	Penn State	1:34.26	
4	Wendt, Rebecca	JR	West Virgini	1:35.53	

Event 69 Men 600 Meter Run

=====					
Facility:	F 1:15.79	2013	Casimir Loxson, P S U		
Meet:	M 1:16.98	2015	Brannon Kidder, P S U		
PSU:	P 1:15.42	2013	Casimir Loxsom		
Name	Year	School	Finals	H#	
=====					
1 Harris, Isaiah	FR	Penn State	1:17.50	1	
2 Rhodes, Robert	SR	Penn State	1:17.97	1	
3 Makins, Jordan	SO	Penn State	1:18.80	1	
4 Gaibler, Riley	SO	Penn State	1:20.40	2	
5 Post, Mason	FR	Penn State	1:20.55	2	
6 Garmon, Peter	FR	Connecticut	1:20.57	2	
7 O'Leary, Nicholas	SR	Connecticut	1:20.61	2	
8 Harrington, David		Unattached	1:23.95	3	
9 Delavergne, Frank		Unattached	1:29.23	3	

Event 70 Mixed 1 Mile Run Wheelchair

=====					
Name		Year	School	Finals	
=====					
1	Gravatt, Brett	M	Psu Ability Ath	4:40.96	
2	Adcock, Nick	M	Psu Ability Ath	5:38.07	